

PATIENT EDUCATION DAY

Draft Agenda – Version 11
Saturday, October 20, 2018
Peter Munk Cardiac Centre
Astellas Conference Room, 11th Floor

Thank you for your support:



- 10:30 – 11:00 **Registration & Networking**
- 11:00 – 11:15 **Welcome & Opening Remarks**
Speakers: Pam Husband
 Danna Spears
- 11:15 – 11:40 ***The Clinical Experience – Your Healthcare Team***
- Why am I having all these tests?
 - Who are these people?
 - Where is my physician?
- Speaker: Dr. Kamran Ahmad
- 11:40 – 12:00 ***The Clinical Experience – The Patient Perspective***
- Improving Patient Outcomes...the role of the Patient
- Speaker: Heather Cartwright – Patient
- 12:00 – 12:25 ***When Life Hurts, Writing Helps***
- Health Benefits of Expressive Writing
- Speaker: Sharon Bray, Ed.D.
- 12:25 - 12:35 ***Questions & Discussion***
Panel: Dr. Danna Spears, Dr. Kamran Ahmad, Sharon Bray, Heather Cartwright
- 12:35 – 12:45 ***Presentation of Heroes' Awards***
Presenter: Heather Cartwright
- 12:45 – 1:45 Lunch & Networking
- 1:45 – 2:10 ***The Clinical Management of Pregnancy with Inherited Cardiac Rhythm Disorders***
Speaker: Dr. Danna Spears
- 2:10 – 2:35 ***The Future – What's New in Research?***
- Testing for ARVC
- Speaker: Dr. Robert Hamilton
- 2:35 – 3:00 ***Exercise Questions?***
- What Kind? How Much? Risks & Benefits
- Speaker: Dr. Kamran Ahmad
- 3:00 – 3:10 7th Inning Stretch
- 3:10 – 3:35 ***The Case for Genetic Testing***
- Why is this important? What should the patient expect?
- Speaker: Melanie Care, M.Sc., CCGC
- 3:35 – 4:00 ***Patient Presentations with Open Questions and Discussion***
Moderator: Heather Cartwright
- 4:00 - **Join us for Refreshments**